



## Child Nutrition Medical Statement for Meal Modifications

Little Rock School District Child Nutrition Department  
 1501 Jones Street, Little Rock, AR 72202 (501)447-2450  
[childnutrition@lrzd.org](mailto:childnutrition@lrzd.org)

**PART ONE** – To be completed by the school or parent

<b>Student's Name</b>	
<b>Age / Grade</b>	
<b>Student ID Number</b>	
<b>Parent's Name(s)</b>	
<b>Daytime Phone</b>	
<b>Today's Date</b>	
<b>School Name</b>	
<b>Print Physician's Name</b>	
<b>Office Phone Number</b>	

**PART TWO** – To be completed by a licensed physician or other healthcare professional with prescriptive authority in Arkansas

<b>Dietary Restriction(s)</b>  <i>A brief explanation of the physical or mental impairment and how it affects the diet</i>	
<b>Accommodation(s) Needed</b> (foods to be avoided)  <i>May include, but is not limited to, food(s) to avoid or restrict, food(s) to substitute, caloric modifications, substitution of liquid nutritive formula, etc.</i>	
<b>Substitution(s)</b>	

*If additional information, including nutrition education materials shared with the family, is available and/or necessary, please attach to this form or send to the school's Child Nutrition Manager.*

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Licensed Physician